

# ACP-IPF MEDICINE UPDATE 2023

Saturday 1<sup>st</sup> & Sunday 2<sup>nd</sup> July 2023, New Delhi

Academic Partners



*Hemwati Nandan Bahuguna  
Uttarakhand Medical Education  
University, Dehradun (UK)*



*Mahatma Gandhi University of  
Medical Sciences & Technology  
Jaipur, Rajasthan*



*KLE Academy of Higher  
Education & Research  
Belagavi, Karnataka*

Venue: Pride Plaza Hotel Aerocity, New Delhi

**Delhi Medical Council (DMC) awarded  
13 Hrs and 30 Minutes of Credit**



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Dear Colleague,

On behalf of the organising committee of the **ACP-IPF MEDICINE UPDATE 2023**, it is indeed a great pleasure to invite you all to the **ACP-IPF MEDICINE UPDATE 2023** jointly organised by **ACP India Chapter & Innovative Physicians Forum®**. Our Academic Partners are **Hemwati Nandan Bahuguna Uttarakhand Medical Education University, Dehradun, Uttarakhand, Mahatma Gandhi University of Medical Science and Technology, Jaipur & KLE Academy of Higher Education & Research Belagavi, Karnataka** for this update. The conference has been scheduled for **Saturday 1<sup>st</sup> & Sunday 2<sup>nd</sup> July 2023, New Delhi.**

This conference will attempt to provide an academic feast of latest developments in the field of medicine. In addition to providing clinical updates relevant to the practice of medicine, the conference will also provide a platform to our members and fellow physicians to interact and exchange views, and help improve the understanding of medicine. At the same time this conference will also create opportunities for connecting with leaders in the field of medicine from across India & other countries.

It is a known fact that the knowledge and understanding of medicine is changing at a tremendous pace. From basics of pathophysiology to development of newer interventions, the last decade has seen a phenomenal change in the way we look at the subject of medical specialties, sub specialties and super specialties. While on one hand our understanding in the field of molecular biology, genetics, epigenetics and pathophysiology has improved, on the other hand the newer interventional techniques have changed the therapeutic modalities.

**ACP India Chapter & Innovative Physicians Forum®**, as the name signifies, has a tremendous potential to focus on research and academics and this will be vividly visible in the conference in the form of Sessions, Orations, State of the Art Lectures and Keynote Addresses. We invite you all to join and have active participation in the conference.

Hope you all will participate in large number with great enthusiasm and make the conference a big success.

With best wishes!



**Dr Anuj Maheshwari**  
Governor  
ACP India Chapter



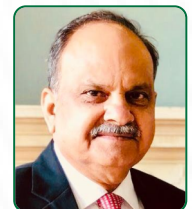
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President IPF  
Organising Chairman



**Dr Dheeraj Kapoor**  
Vice President IPF  
Scientific Chairman

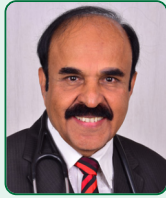


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Secretary ACP India Chapter  
Scientific Co-Chairman



**Dr Jugal Kishor Sharma**  
Vice President ACP India Chapter  
Secretary General IPF  
Organising Secretary

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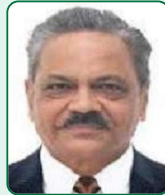


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Emeritus Chairperson  
MGUMST

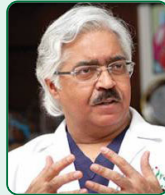
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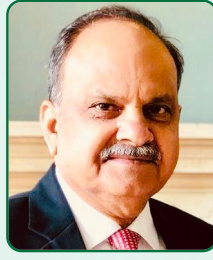


**Dr Vasanth Kumar**  
Past President RSSDI

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**Dr Anuj Maheshwari**  
Governor  
ACP India Chapter



**Dr Jugal Kishor Sharma**  
Vice President ACP India Chapter  
Organising Secretary



**Dr Meena Chhabra**  
President IPF  
Organising Chairman



**Dr Dheeraj Kapoor**  
Vice President IPF  
Scientific Chairman



**Dr Narsingh Verma**  
Secretary ACP India Chapter  
Scientific Co-Chairman



**Dr Puneet Khanna**  
Joint Secretary IPF  
Scientific Secretary



**Dr Anil Manchanda**  
Treasurer IPF

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**Dr Girish Khurana**



**Dr Kaushik Ranjan Das**



**Dr Mohit Saran**



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**Dr Pradeep Suri**



**Dr Rohit Kapoor**



**Dr Sajesh Asokan**



**Dr Sandeep Rai**



**Dr Vipul Gupta**

## INTERNATIONAL FACULTY SPEAKERS



**Prof Khan Abul Kalam Azad**  
FCPS, MD, MACP, FRCP (Edin)  
Governor, ACP Bangladesh Chapter  
Principal and Professor of Medicine,  
Popular Medical College,  
Dhaka, Bangladesh



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President,  
Sri Lanka College  
of Internal Medicine



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Tribhuvan University Institute  
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Mohakali, Dhaka (Bangladesh)



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President  
American College of Physicians  
Headquarter



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First Governor  
ACP Bangladesh Chapter, Dhaka



**Prof Shohael Mahmud Arafat**  
Secretary General, Association of  
Physicians of Bangladesh, Dhaka



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President-Elect  
Sri Lanka College of  
Internal Medicine, Sri Lanka



**Dr Vidya Sundareshan**  
Governor, American College  
of Physicians, Illinois, USA

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**Dr Alok Modi**



**Dr Ambika Tyagi**



**Dr Anil Manchanda**



**Dr Anuj Maheshwari**



**Dr Aravinda J**



**Dr Arvind Gupta**



**Dr Ashish Dengra**



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**Dr G B Sattur**



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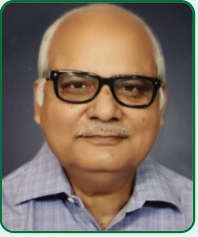


**Dr Jayant Panda**



**Dr Jyotirmoy Pal**

## NATIONAL FACULTY SPEAKERS



**Dr Kamlakar Tripathi**



**Dr Manoj Chawla**



**Dr Manoj Srivastava**



**Dr Mohit Saran**



**Dr N K Singh**



**Dr Nandini Chatterjee**



**Dr Naresh Bansal**



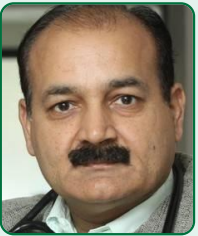
**Dr Narsingh Verma**



**Dr Puneet Khanna**



**Dr Puneet Saxena**



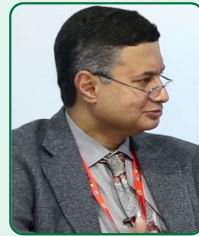
**Dr Rajeev Chawla**



**Dr Rohit Kumar**



**Dr Ruchi Kapoor**



**Dr Sajesh Ashokan**



**Dr Sandeep Budhiraja**



**Dr Saurabh Srivastava**



**Dr Shashank Joshi**



**Dr Shalini Jaggi**



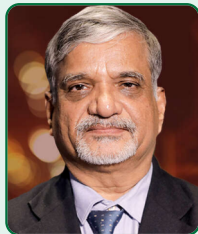
**Dr Shilpi Khanna**



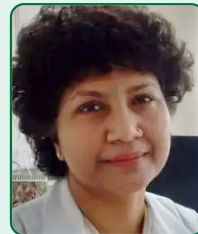
**Dr Sunil Wadhwa**



**Dr Surjadeep Sengupta**



**Dr S V Kulkarni**



**Dr Uma Kumar**



**Dr Virendra Kumar  
Goyal**

# SCIENTIFIC PROGRAM

**Delhi Medical Council (DMC) awarded 13 Hrs and 30 Minutes of Credit**

ACP IPF MEDICINE UPDATE 2023 JULY 1 & 2, 2023 HOTEL PRIDE PLAZA, AEROCITY, NEW DELHI			
DR BC ROY HALL, Day 1 – 1st July 2023 (Saturday)			
TIMING	TOPIC	SPEAKERS	CHAIRPERSONS
<b>DR DHEERAJ KAPOOR (SCIENTIFIC CHAIRMAN), DR NARSINGH VERMA (SCIENTIFIC CO-CHAIRMAN) DR PUNEET KHANNA (SCIENTIFIC SECRETARY)</b>			
8:00 AM - 9:00 AM	FREE PAPERS	JUDGES DR SAJESH ASOKAN DR ROHIT KUMAR DR SUNIL WADHWA	
	POSTER PRESENTATIONS	JUDGES DR MOHIT SARAN DR SAURABH SRIVASTAVA DR AMBIKA TYAGI	
9:00 AM - 9:20 AM	INFECTIOUS DISEASES - HEAD TO TOE : CASES AND PEARLS	DR VIDYA SUNDARESHAN (USA)	DR ASHOK JAIN DR AK SINGHAL DR DIVYA BANSAL
9:20 AM - 9:40 AM	ULCERATIVE COLITIS : WHAT A PHYSICIAN SHOULD KNOW?	DR NARESH BANSAL (NEW DELHI)	
9:40 AM - 10:00 AM	HYPERCOAGULABILITY STATES	DR SURJADEEP SENGUPTA (NEW DELHI)	
10:00 AM - 10:20 AM	CLIMATE CHANGE AND ITS IMPACT ON HUMAN HEALTH	DR QUAZI TARIKUL ISLAM (BANGLADESH)	PROF VINOD KUMAR DR ARVIND KUMAR DR RAJESH K MARYA DR ANAND P AMBALI
10:20 AM - 10:40 AM	YOUNG HYPERTENSION: WHEN IS IT CONSIDERED SECONDARY?	DR SURANGA MANILGAMA (SRI LANKA)	
10:40 AM - 11:00 AM	NATURE'S VERSATILE BIOLOGICAL SIGNAL-MELATONIN : IS IT A CORNUCOPIA OF THE 21ST CENTURY?	DR ARVIND GUPTA (JAIPUR)	
11:00 AM - 11:20 AM	CARDIO-RENO-METABOLIC EUTHYMIA : A NEW PARADIGM IN T2DM MANAGEMENT	DR ASHOK K DAS (PUDUCHERRY)	PROF VK ARORA DR DK CHAUHAN DR ROHIT KAPOOR DR VISHAL KAURA AGARWAL
11:20 AM - 11:40 AM	ATYPICAL MYCOBACTERIAL INFECTION	DR NAZMUL AHASAN (BANGLADESH)	
11:40 AM - 12:00 PM	JUDICIOUS AUTO ANTIBODIES INVESTIGATIONS IN RHEUMATOLOGY	DR UMA KUMAR (NEW DELHI)	
12:00 PM - 12:20 PM	CARDIOVASCULAR RISK BEYOND LDL	DR GB SATTUR (HUBLI)	DR KK PAREEK DR GIRISH MATHUR DR GD RAMCHANDANI DR ARVIND KUMAR
12:20 PM - 12:40 PM	RECENT TRENDS IN CHANGING PATTERN OF DENGUE SYNDROME	DR MOHAMMAD TITU MIAH (BANGLADESH)	
12:40 PM - 1:00 PM	TOP TEN BREAKTHROUGH ADVANCES IN CLINICAL MEDICINE IN THE LAST DECADE	DR ANUJ MAHESHWARI (LUCKNOW)	
<b>1:00 PM - 2:00 PM</b>	<b>LUNCH</b>		
2:00 PM - 2:30 PM	MEDICAL ETHICS	DR GIRISH TYAGI (NEW DELHI)	DR JS SURI DR DINESH SHARMA DR VIVEK HANDA DR GAURAV NIJHARA
2:30 PM - 2:50 PM	UNDERSTANDING THE TREATMENT OF ANEMIA IN CKD	DR MUKUNDA PRASAD KAFLE (NEPAL)	
2:50 PM - 3:10 PM	VITAMIN D AND DM: UNFOLDING MYSTERY	DR ARAVINDA J. (BENGALURU)	
3:10 PM - 3:30 PM	INTRICACIES OF PHYSICAL EXERCISE IN HEALTH AND DISEASE	DR NK SINGH (DHANBAD)	DR SANGRAM S BIRADAR DR DEEPAK G PANDE DR YOGESH PORWAL DR VIKAS BHATTI
3:30 PM - 3:50 PM	HYPONATREMIA AND SIADH - INPATIENT INVESTIGATION AND MANAGEMENT GUIDELINES	DR PUNEET SAXENA (JAIPUR)	
3:50 PM - 4:10 PM	FOOD AS AN OFFERING FOR THE DIETY CALLED BODY	DR SHASHANK JOSHI (MUMBAI)	
4:10 PM - 4:30 PM	PREVENTION OF CKD - ROLE OF PRIMARY CARE PHYSICIANS	DR KAMLAKAR TRIPATHI (VARANASI)	DR OP SHARMA DR S P KALRA DR SUDHIR SACHDEVA DR RAMAKANT DIXIT
4:30 PM - 4:50 PM	ROLE OF HOME MONITORING IN BP MANAGEMENT	DR NARSINGH VERMA (LUCKNOW)	
4:50 PM - 5:10 PM	ALLERGIC RHINITIS IN INDIA : HOW DO YOU ACCESS THE CORRECT THERAPY	DR PUNEET KHANNA (NEW DELHI)	
<b>5:10 PM ONWARDS</b>	<b>INAUGURATION</b>		

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## ACP IPF MEDICINE UPDATE 2023 JULY 1 & 2, 2023 HOTEL PRIDE PLAZA, AEROCITY, NEW DELHI

DR BC ROY HALL, Day 2 –2nd July 2023 (Sunday)

TIMING	TOPIC	SPEAKERS	CHAIRPERSONS
<b>DR DHEERAJ KAPOOR (SCIENTIFIC CHAIRMAN), DR NARSINGH VERMA (SCIENTIFIC CO-CHAIRMAN) DR PUNEET KHANNA (SCIENTIFIC SECRETARY)</b>			
8:00 AM - 9:00 AM	FREE PAPERS	<b>JUDGES</b> DR SAJESH ASOKAN DR ROHIT KUMAR DR SUNIL WADHWA	
	POSTER PRESENTATIONS	<b>JUDGES</b> DR MOHIT SARAN DR SAURABH SRIVASTAVA DR AMBIKA TYAGI	
9:00 AM - 9:20 AM	INFECTION CONTROL IN HOSPITAL SETTINGS	DR SHILPI KHANNA (NEW DELHI)	DR MV JALI DR PRADEEP SURI
9:20 AM - 9:40 AM	FIRST SEIZURE - APPROACH AND MANAGEMENT	DR JYOTIRMOY PAL (KOLKATA)	DR SK AGGARWAL DR MUKESH MEHRA
9:40 AM - 10:00 AM	LONG COVID - AN EXPERIENCE FROM BANGLADESH	DR SHOHAEL MAHMUD ARAFAT (BANGLADESH)	
10:00 AM - 10:20 AM	EVALUATION AND MANAGEMENT OF THYROID DISORDERS DURING PREGNANCY	DR KUMUDINI JAYASINGHE (SRI LANKA)	DR JK SHARMA DR ABHA GUPTA
10:20 AM - 10:40 AM	PRESENT CHALLENGES / FUTURE PROMISES IN HYPERTENSION MANAGEMENT	DR KHAN ABUL KALAM AZAD (BANGLADESH)	DR VIJAY ARORA DR SNEHLATA VERMA
10:40 AM - 11:00 AM	HYPOGONADISM - EVALUATION AND MANAGEMENT	DR RAJEEV CHAWLA (NEW DELHI)	
11:00 AM - 11:20 AM	INVESTIGATION PARSIMONY IN DIABETES	DR ASHISH DENGRA (JABALPUR)	DR RR SINGH DR SHWETA SHARMA
11:20 AM - 11:40 AM	IDIOPATHIC CONJUGATED HYPERBILIRUBINEMIA - A CASE BASE DISCUSSION	DR VIRENDRA KUMAR GOYAL (UDAIPUR)	DR SWATI MAKASHIR DR DINESH CHAUDHARY
11:40 AM - 12:00 PM	PHYSICIANS APPROACH TO HEADACHE	DR JAYANT PANDA (CUTTACK)	
12:00 PM - 12:20 PM	ASYMPTOMATIC HYPERURICEMIA: SHOULD YOU TREAT ?	DR BIJAY PATNI (KOLKATA)	
12:20 PM - 12:40 PM	NEWER DRUGS AND DEVICES IN DIABETES MANAGEMENT	DR MANOJ CHAWLA (MUMBAI)	DR MEENA CHHABRA DR AS GHAI
12:40 PM - 1:00 PM	MANAGING TYPE 2 DIABETES AS PER ITS SUBTYPES	DR BANSHI SABOO (AHMEDABAD)	DR KIRAN CHHABRA
1:00 PM - 1:20 PM	DIABETES IN WOMEN : IS IT DIFFERENT?	DR SHALINI JAGGI (NEW DELHI)	
<b>1:20 PM - 2:00 PM</b>	<b>LUNCH</b>		
2:00 PM - 2:20 PM	SUDDEN CARDIAC DEATH	DR NANDINI CHATTERJEE (KOLKATA)	DR RM CHHABRA DR GIRISH KHURANA
2:20 PM - 2:40 PM	DIGITAL TOOLS IN COMPREHENSIVE HEALTH CARE	DR SV KULKARNI (MUMBAI)	DR VIPUL GUPTA
2:40 PM - 3:00 PM	MANAGEMENT OF INPATIENT ACID BASE DISORDERS	DR SANDEEP BUDHIRAJA (NEW DELHI)	
3:00 PM - 3:20 PM	3-D MANAGEMENT OF OBESITY	DR BM MAKKAR (NEW DELHI)	DR HK AGGARWAL DR AMITESH AGGARWAL
3:20 PM - 3:40 PM	MONOCLONAL ANTIBODIES	DR ANIL MANCHANDA (DELHI)	DR NM AGGARWAL DR DEEPAK JAIN
3:40 PM - 4:00 PM	BIOSIMILAR INSULIN - THE NEED OF THE HOUR	DR ALOK MODI (MUMBAI)	
4:00 PM - 4:20 PM	INTERCHANGEABLE INSULIN - CHANGING LANDSCAPE IN DIABETES MANAGEMENT	DR MANOJ SHRIVASTAVA (LUCKNOW)	DR DHEERAJ KAPOOR DR GARIMA HANDA
4:20 PM - 4:40 PM	FEVER IN ACUTE ILLNESS - LAB PERSPECTIVE	DR RUCHI KAPOOR (GURUGRAM)	DR RUCHIKA MANCHANDA DR MOHIT SHARMA
<b>4:40 PM - 5:00 PM</b>	<b>VALEDICTORY</b>		



**CONFERENCE SECRETARIAT:**  
**Central Delhi Diabetes Centre**  
34/34, Old Rajinder Nagar  
New Delhi 110060 (India)  
Tel.: +91 9810002115  
Email: [iphysiciansforum@gmail.com](mailto:iphysiciansforum@gmail.com)  
Website: [www.iphysiciansforum.com](http://www.iphysiciansforum.com)



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